

June 2021

Volume 16, Number 6

*Millfield is a welcoming, loving and accepting church, working to meet the physical and spiritual needs of our church family, our community, our state, our country, and the world in the name of Jesus Christ.*

# Millfield News

## Frankly Speaking

A few years ago, I participated in a Bible study group using The Apprentice Series, comprised of 3 books on discipleship and growing in Christ written by James Bryan Smith. The three books were *The Good and Beautiful God*, *The Good and Beautiful Life*, and *The Good and Beautiful Community*. It is an excellent study series for spiritual development.

Each week we read a chapter in the book to prepare ourselves for discussion and Bible study. Along with each chapter there is a small section called "Soul Training." No, this is not a

musical exercise for cool dudes from the 70s; soul training refers to specific actions and exercises that we can do to help us experience Christ more deeply in our day-to-day lives.

The second book, *The Good and Beautiful Life*, has a chapter titled "The Gospel Many People Have Never Heard." The soul training exercise included with that chapter was "play." Here are some quotes from the author: "Play is a spiritual exercise that can teach us about living in the kingdom of God...Spontaneity is one of the spiritual benefits of play. We learn to let go. We relax, let ourselves become vulnerable and open up to whatever happens...We play because our God is good. Grace is sufficient for us. God wants us to be full of joy, and play is a way to experience the goodness of God and the richness of life...Play is an act of self-abandonment: we stop taking ourselves so seriously and simply enjoy life...When we play, we are training our bodies and souls to live with genuine excitement. That is what the kingdom of God is all about." Doesn't that sound like a Bible study you'd like to pursue?



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*Frankly Speaking (Continued from page 1)*

I believe Dr. Smith is absolutely correct about play, so I encourage you to initiate some play if you don't do much of it, or continue playing if you already have a healthy attitude of play.

Read a good book.

Watch a funny movie.

Go fishing. Raise a garden. Dance with

grandchildren. Go swimming. There are a thousand and one ways to play.

To let yourself go and enjoy is of tremendous benefit, because in order to enjoy God and His kingdom, we must let ourselves go, releasing ourselves into His compassion, concern and care. *"If anyone would come after Me, let him deny himself..."* (Luke 9:23).

*"Delight yourself in the Lord and He*

*will give you the desires of your heart"* (Psalm 37:4). *"But seek first His kingdom and His righteousness, and all these things will be given to you as well"* (Matthew 6:33). Play prepares us

and trains us to surrender to, delight in and seek the Lord.



So, take some time to play this summer...days off, vacations, late sunsets because of daylight savings time. Enjoy the moments God has given you, so that you can enjoy the Giver of those moments. Then, come together with us on Sunday mornings as we worship Him for those moments!



The next WMU meeting will be held Saturday, **July 10** at 11:00 am. This will be a covered dish event.



During the month of June, the WMU collected supplies to assist the new clothing closet/food pantry, Zoo-Nye Closet, in their mission. Thank you to everyone who donated!

Zoo-Nye Closet can be found on Facebook, and can be reached at 757-647-5780. Their current operating hours are first and third Saturdays from noon till

5pm, and by appointment

Pictured at top: the building donated for Zoo-Nye Closet's use, prior to repairs and updates, which are ongoing.

Pictured at right: The donations collected during the month of June.



*(Continued on page 3)*

**WMU News** (continued from page 2)



**Bland Ministry Center** is a multi-faceted ministry in Bland County, Virginia that Millfield has supported through the years. Through mission trips, sending supplies, and contributing funds we have helped spread God's love through their food bank,

clothing ministry, and home repairs. During the month of June, we collected a special offering for Bland Ministry Center totaling \$1,375.00. Our funds will go to help their back-to-school supply purchase and also their dental clinic which provides dental check-ups to students at their school.

**Margaret Simms.**

**Wesley Garner** is recovering from heart and back problems.

**Edith Barnes** has breast cancer.

**Katie Snyir**, an acquaintance of Tracy Patterson, has stage 4 brain cancer. She is 14 years old.

**Marindy Creef, Emerson Creef, and family.**

**Laura Anne Goodrich**, Henry's mother, is at Morningside of Williamsburg under hospice care.

**Michelle Allston** (Gunny's daughter) is recovering from major surgery.

**Sonny Davis**, Marisa Cabell Davis' husband, is home recuperating from a leg injury due to a farming accident.

**Bob Felts** is home recovering from surgery.

**Vicky Goodrich** is recovering from surgery on her right arm.



**Cehilo**, Zeko Wezah's nephew, is recuperating at home after a head injury which required surgery.

**Ronnie Parham**, a friend of Mark Chitwood, has a brain tumor.

**Beverly McQuarry** has a broken foot.

**Lucy Crawford**, Pastor Frank's mother is recovering from an infection in her foot.

**Walter Holdsworth, Sr.** is recovering from heart surgery.

**Melissa Potts**, Ariana Bryant's god-mother, is dealing with a mass and a cyst.

**John Bryant**, Will Bryant's father, needs a heart transplant.

# Upcoming Events



**Deacon's Meeting:** Monday, **July 12** at 7:00 pm.

**Ladies of the Church** are invited to Sharon Patterson's house Wednesday, **July 14** at 11:30 am. The theme is "patriotic" so try to wear some red, white, and blue. Bring picnic-type food for lunch. If it's not too hot, you are welcome to take a kayak out on the pond or just relax and do nothing. The address is 16447 Froggy Hollow Drive, Sedley VA. Call Sharon at 757-647-9759 for directions if you need them.

**Quarterly Conference:** Thursday, **July 15** at 7:00 pm.

**Bagging Groceries:** Tuesday, **July 20** at 7:00 pm.

**Bags of Hope Distribution:** Wednesday, **July 21** at 8:30 am.

**Youth Sunday School Class** is having a pool party at the 4-H Center on Sunday, **August 1** from 12:00 to 3:00 pm. We will leave from church. Lunch is provided. Please RSVP to Sharon Patterson at 757-647-9759. Students may invite a friend!

**VBS Donations Needed:** If you are able to donate any items from the following list, please contact Ashley Whitby at 757-653-8286 or leave them in the box in the Fellowship Hall by Sunday, **July 18**. Items needed are: paper plates and bowls, paper towels, baby wipes, disposable mouthwash cups, and sandwich sized Ziploc bags.

**Vacation Bible School:** We are in need of volunteers for Vacation Bible School this year. Katie Magee will be the director. Please prayerfully consider volunteering for this worthwhile ministry. VBS will be held **August 16-20**.

**Missions Connection Celebration:** Missions Connection Celebration (MC2) is an intergenerational experience featuring missions, discipleship, worship, fellowship, and fun. This year's MC2 will take place **July 19**. Visit [eagleeyrie.org/mc2](http://eagleeyrie.org/mc2) or [gbav.org](http://gbav.org) for more information.

**Relay for Life of Franklin Luminaria Ceremony** will take place Saturday, **September 18** at Barrett's Landing in Downtown Franklin. More information is available on the bulletin board in the education wing.

**Franklin Cooperative Ministries:** Current needs: crackers in sleeves, small bags of coffee, canned meats other than tuna, and empty egg cartons. For more information, call 757-516-6322. The main office (301 West First Avenue in Franklin) is open Monday-Thursday from 9:00 am-12:00pm and 1:00 pm-3:00pm, and on Fridays from 9:00 am-12:00 pm. The FCM Clothes Closet accepts donations Monday mornings 8:00 am-11:30 am at 511 North Main Street in Franklin.

**HopeTree** If you are interested in becoming a foster parent, please sign up to attend one of the virtual Foster Parent Information Sessions offered this month. Please contact [abigails@HopeTreeFS.org](mailto:abigails@HopeTreeFS.org) or go to [www.HopeTreeFosterCare.org](http://www.HopeTreeFosterCare.org) for more information or to sign up for a session. Times and dates for sessions are available on the bulletin board in the education wing, and are listed in the weekly email each Wednesday.

**Christian Concerts:** Several Christian concerns are scheduled to take place locally. If you are interested in finding out more, please see the BBA Quick Notes flyer on the bulletin board in the education wing.



**CBF Global General Assembly:** This will be a virtual event held **August 25-28**, 2021. For more information, go to [www.cbf.net/assembly](http://www.cbf.net/assembly).

**CBF Virginia General Assembly:** This will be the Cooperative Baptist Fellowship's first "in-person" gathering since the onset of the pandemic. It will take place Tuesday, **September 21** at Central Baptist Church in Richmond from 9:00 am to 3:00 pm.

**Free Estate Planning:** CBF is pleased to offer a free estate planning resource courtesy of FreeWill. CBF supporters can use it to write a legal will at no personal cost and create a meaningful legacy with CBF or their local church. Visit [FreeWill.com/CBF](http://FreeWill.com/CBF) to create your will and steward your blessings.

**Fall retreat:** During the weekend of **November 12-14**, CBFVA is planning to host its annual Fall Retreat at Eagle Eyrie! Sign-ups will begin July 1st.

**CBFVA Summit 2022:** **January 14-16**, 2022 at Eagle Eyrie. Every other year, CBFVA brings together youth groups from around the Commonwealth for a weekend of deep faith formation. In 2022, Meg Lacy will lead us in a deep dive into what it means to "dwell." Mark your calendars now for this amazing event!

This year's graduates were recognized on June 27 during worship.



Courtney Cox (center) graduated from Campbell University School of Law, Payton Holdsworth (left) graduated from Charleston Southern University, and Andrew Stegman (right) graduated from Virginia State University. Congratulations!

## The Book Nook

### EVERYONE HELPS,



How Absolutely Anyone  
Can Pitch In, Help Out, Give Back, and  
Make the World a Better Place

### EVERYONE WINS

DAVID T. LEVINSON  
Founder of Big Sunday

Once a self-proclaimed "reluctant volunteer"-too busy and unmotivated-David Levinson is now director of the largest regional volunteer network, Big Sunday, with an army of fifty thousand volunteers across California. Speaking to the reluctant volunteer in everyone, he boosts our "Volunteer IQ" with specific advice on how, where, and why we can help. He candidly addresses the benefits and pitfalls of volunteering. And he tackles situations and individuals across the spectrum-people with one free day a year, retirees, community organizers, and those who want to ensure their checks go to the right cause. With a list of "Fifty-two Ways to Give Back," David brainstorms ideas for traditional and

offbeat ways to contribute to your community; each has the pros, the cons, and a how-to guide. Combined with a comprehensive appendix listing online and print resources, this book provides both the motivation and the action plan to get every community working.

*Dearest Angel* is the story of 1 Lt. John Cochrane who was killed in action in Vietnam on October 24, 1966, six days before he was to meet his wife, Elaine, in Hawaii for R&R.

This story of life, love, and hope is told through letters, poems, and pictures. Experience a soldier's deepest thoughts and greatest fears.

*Dearest Angel* is in memory, not only of John, but of thousands upon thousands who made the ultimate sacrifice—their lives—that we might walk free.

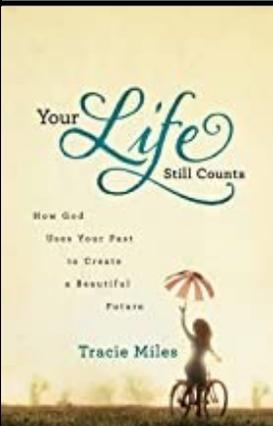
Elaine Cochrane Murphy

### Dearest Angel



From Vietnam  
to the Wall

THE BIBLE • WILSON  
JOHN F. COCHRANE • L  
NETH D. MCCOIN • DEN  
JOHNNY W. WRIGHT • R



God still has a plan for you—not in spite of your past, but because of it!

Do regret and shame over your failures, sins, and shortcomings make you wonder how you could ever be loved, much less used, by a holy God? Tracie Miles felt the same way until she discovered the path to healing, peace, and significance.

She helps you recognize that God not only has a purpose for you, but He has prepared you for your divine purpose based specifically on the experiences of your past.

Through her own story and stories of other women who have discovered God's purpose for their lives because of adverse experiences, Tracie helps you see how God can turn pain into purpose. You will find forgiveness and healing from the troubles of your past, discover the courage to step out of your comfort zone to help others find hope and strength, and be inspired to step into the beautiful future God divinely inspired for you.

**June '21**

S	M	T	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Millfield Baptist Church

# July 2021

**August '21**

S	M	T	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4 Independence Day 9:30 am Fellowship 10:00 am Sunday School 11:00 am Worship	5	6	7	8	9	10 11:00 am WMU Meeting
11 9:30 am Fellowship 10:00 am Sunday School 11:00 am Worship 11:00 am Communion (tentative)	12 7:00 pm Deacons Meeting	13	14	15 7:00 pm Quarterly Conference	16	17
18 9:30 am Fellowship 10:00 am Sunday School 11:00 am Worship	19	20 7:00 pm Bagging Groceries	21 8:30 am Bags of Hope Distribution	22	23	24
25 Parents' Day 9:30 am Fellowship 10:00 am Sunday School 11:00 am Worship	26	27	28	29	30	31
1	2	3 Frank Cook 4 Tammy Dalton 5 Payton Holdsworth 6 Johnathan Bryant 7 Zack Cruz 8 Doty Barry	7 Linda Chitwood 8 Bryan Branch 12 Anne Magee 13 Tom White 13 Ashton Felts 14 Frankie Carr	14 Tracey Stallard 15 Patsy Warren 16 Frank Crawford 17 Katie Magee 18 Rose Sculthorpe 19 Leslie Brittle	20 Alison Chitwood 21 Jackson Peters 22 Zeko Wezah 22 Chris Cornwell 23 Wesley Garner 23 Haleigh Chitwood	23 Buster Haywood 25 Marindy Creef 27 Kay Culpepper 27 Taylor Dickerson 30 Kayla Gale 31 Jennifer Dickerson

